

# Beaufort County Resource Guide

## Primary Care

Facility:	Contact/Hours:	Services:	More Information:
<b>AGAPE Community Health Clinic FQHC</b> 120 E. M.L.K. Jr. Dr. Washington, NC	P: (252) 940-0602 F: (252) 940-0605 Monday 8am-7pm Tuesday-Friday 8am-5pm Saturday 8am-1pm	<ul style="list-style-type: none"> <li>• Primary Care</li> <li>• Dental Health</li> <li>• Mental/Behavioral Health</li> <li>• Prescription Assistance</li> </ul>	<ul style="list-style-type: none"> <li>• Sliding Fee Scale For Uninsured</li> <li>• Walk-In's Welcome</li> <li>• Same Day Appointments</li> </ul>
<b>Healthworx</b> 1201 Carolina Avenue Washington, NC	P: (252) 833-0365 F: (252) 833-0364 Monday-Friday 8am-3pm	<ul style="list-style-type: none"> <li>• Primary Care</li> <li>• Urgent Care Services</li> <li>• Drug Screenings</li> <li>• DOT Physicals</li> </ul>	<ul style="list-style-type: none"> <li>• Walk-In's Welcome</li> <li>• Same Day Appointments</li> </ul>
<b>Coastal Family Practice (Oneal's)</b> 820 W. Main Street Belhaven, NC	P: (252) 943-0056 F: (888) 768-2015 Monday-Friday 9am-6pm	<ul style="list-style-type: none"> <li>• Primary Care</li> </ul>	<ul style="list-style-type: none"> <li>• Walk-In's Welcome</li> </ul>
<b>Urgent Care Down East</b> 853 West 15 <sup>th</sup> Street Washington, NC	P: (252) 623-2000 F: (877) 559-4667 Mon-Tues 8am-6pm Wednesday 8am-5pm Thurs-Friday 8am-6pm Saturday 8am-4pm	<ul style="list-style-type: none"> <li>• Urgent Care Services</li> <li>• Drug Screenings</li> <li>• Workman's Compensation form</li> <li>• DOT Physicals</li> <li>• New Hire Physicals</li> <li>• TB Skin Test</li> </ul>	<ul style="list-style-type: none"> <li>• Walk-In's Only</li> <li>• Last Patient 30 Minutes Before Closing</li> </ul>
<b>Vidant Family Medicine-Aurora</b> 151 3rd Street Aurora, NC	P: (252) 322-4021 F: (252) 322-5088 Monday/Friday 8am-5pm Wednesday 8am-12pm Tuesday/Thursday- Closed	<ul style="list-style-type: none"> <li>• Primary Care</li> <li>• Specialty Referrals</li> </ul>	<ul style="list-style-type: none"> <li>• Same Day Appointments</li> </ul>
<b>Vidant Multispecialty Clinic</b> 598 Old County Road Belhaven, NC	P: (252) 943-0600 F: (252) 943-2377 <b>Primary Care:</b> Monday-Friday 8am-5pm <b>Immediate Care:</b> 7:30 am-7:30 pm <b>Cardiology:</b> Wednesday 9am-1pm; every other Friday <b>Physical Therapy:</b> Monday-Friday 8am-4:30pm	<ul style="list-style-type: none"> <li>• Primary Care (Health Coaching Provided)</li> <li>• Prenatal Care</li> <li>• Urgent Care 24/7</li> <li>• Cardiology</li> <li>• Physical Therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Walk-In's Welcome</li> </ul>

<b>Vidant Family Medicine-Chocowinity</b> 740 Bragaw Lane Chocowinity, NC	P: (252) 946-9562 F: (252) 946-9071 Monday-Thursday 7:30am-5:30pm Friday 7:30am-5pm	<ul style="list-style-type: none"> <li>• Primary Care</li> </ul>	<ul style="list-style-type: none"> <li>• Same Day Appointments</li> </ul>
<b>Vidant Family Medicine-Washington</b> 501 W. 15th Street Washington, NC	P: (252) 975-2667 F: (252) 975-2507 Monday-Thursday 7:30am-5:30pm Friday 7:30am-5pm	<ul style="list-style-type: none"> <li>• Family Medicine</li> <li>• Primary Care</li> </ul>	
<b>Vidant Internal Medicine</b> 1380 Cowell Farm Rd Washington, NC	P: (252) 946-2101 F: (252) 946-9896 Monday-Thursday 7:30am-5:30pm Friday 7:30am-5pm Saturday 8 am-4pm Sunday 12pm-4pm	<ul style="list-style-type: none"> <li>• Primary Care</li> </ul>	<ul style="list-style-type: none"> <li>• Some Same Day Appointments</li> <li>• COVID Testing Monday-Friday 8am-4pm</li> </ul>
<b>Washington Pediatrics</b> 1206 Brown Street Washington, NC	P: (252) 946-4134 F: (252) 946-2432 Monday-Friday 8:15am-5pm Saturday 8:15am-12pm	<ul style="list-style-type: none"> <li>• Primary Care Pediatrics and Adolescents</li> </ul>	<ul style="list-style-type: none"> <li>• Saturday Sick Patients Only</li> <li>• Monday-Friday Walk-In's Welcome 8:15am-11am And 2pm-4pm</li> </ul>

## Specialized Health Care:

<b>Beaufort County Public Health Department</b> 1436 Highland Drive Washington, NC	P: (252) 946-1902 F: (252) 946-8430 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Breast &amp; Cervical Cancer Control Program</li> <li>• Childhood &amp; Adult Immunizations</li> <li>• Counseling and Psychiatry services</li> <li>• Diabetes Prevention Program</li> <li>• Diabetes Self-Management</li> <li>• Environmental Health</li> <li>• Family Planning Services &amp; Contraceptive</li> <li>• Flu Immunizations</li> <li>• Healthy Living Clinic</li> <li>• Nutrition Counseling</li> <li>• Prenatal Care</li> <li>• STD Screenings &amp; Treatment</li> <li>• TB Screenings</li> <li>• Tobacco Counseling</li> <li>• WIC Services</li> </ul>	<ul style="list-style-type: none"> <li>• Sliding Fee Scale For Uninsured</li> <li>• Some Programs You Must Qualify For (Call For More Information)</li> <li>• Interpreter Services Provided</li> </ul>
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<b>Vidant Women's Care</b> 1210 Brown Street Washington, NC	P: (252) 975-1188 F: (252) 975-3800 [main] F: (252) 974-9224 [referrals & appointments] Monday-Thursday 8am-5pm Friday 8am-12pm	<ul style="list-style-type: none"> <li>• Prenatal Care</li> <li>• Women's Health</li> <li>• Obstetrics</li> <li>• Gynecology</li> </ul>	<ul style="list-style-type: none"> <li>• Appointments only</li> </ul>
<b>Vidant Urology</b> 1202 Brown Street Washington, NC	P: (252) 946-0136 F: (252) 946-0189 Monday-Thursday 8am-5pm Friday 8am-12pm	<ul style="list-style-type: none"> <li>• Urology</li> </ul>	
<b>Vidant Women's Care</b> 1204 Brown Street Washington, NC	P: (252) 946-6544 F: (252) 975-6540 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Primary Care for Women</li> <li>• Women's Health</li> <li>• Gynecology</li> </ul>	
<b>ECU Adult Specialty Care</b> 2390 Hemby Lane Greenville, NC 27834	P: (252) 744-4500 F: (252) 744-5713 Monday-Friday 7:45am-5pm	<ul style="list-style-type: none"> <li>• Treatment of Infectious Disease (Flu, Lyme Disease, HIV and AIDS, and sexually transmitted diseases~ Hepatitis C)</li> <li>• Viral Infections including West Nile and others</li> <li>• Tuberculosis</li> <li>• Fevers and parasitic infections</li> <li>• Malaria</li> <li>• Treatment of antibiotic resistant diseases (MRSA &amp; other forms of staph infections)</li> </ul>	<ul style="list-style-type: none"> <li>• Mychart Accounts</li> <li>• Infusion Center</li> <li>• International Travel Clinic</li> </ul>

## Behavioral Health:

<b>Center for Family Violence Prevention</b> 111 E. 3 <sup>rd</sup> Street Greenville, NC	P: (252) 758-4400 Emergency: (252) 752-3811 Monday-Friday 8:30am-5pm	<ul style="list-style-type: none"> <li>• Specialized classes (Anger Management, Domestic Violence 101)</li> <li>• Court Advocacy</li> <li>• Family Services</li> <li>• SafeHouse</li> <li>• Counseling for Domestic Violence Victims and Families (individual and group counseling)</li> </ul>	<ul style="list-style-type: none"> <li>• Serves Pitt, Martin And Washington Counties</li> </ul>
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<p><b>DREAM Provider Care Services</b> 216 W. Stewart Pkwy Washington, NC</p>	<p>P: (252) 946-0585 Emergency: (1-866) 437-1821 F: (252) 946-0580 Monday/Tuesday/Wednesday/ Friday 8am-8pm Thursday 8am-7pm Saturday 8am-5pm</p>	<ul style="list-style-type: none"> <li>• Comprehensive Clinical Assessment</li> <li>• Individual, Marriage, and Family Therapy</li> <li>• Substance Abuse Services</li> <li>• Medication Management</li> <li>• DWI Services</li> <li>• Community Support Team-Adults</li> <li>• Intensive In-Home Services-Child/Adolescents</li> <li>• Day Treatment-Child/Adolescents</li> <li>• Triple P Positive Parenting</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish Interpreter Available</li> <li>• Sliding Fee Scale For Uninsured</li> </ul>
<p><b>Integrated Family Services</b> 2269 Statonsburg Rd Greenville, NC  2305 Executive Circle Suite 101 Greenville, NC</p>	<p>(Greenville) P: (252) 439-0700 (Mobile Crisis/Washington) P: 1-866-437-4614 (24/7) F: (252) 439-0900 <b>Greenville &amp; Washington Office:</b> Monday-Friday 8am-5pm <b>Open Access Clinic:</b> Monday 12pm-5pm Tuesday 8am-12pm</p>	<ul style="list-style-type: none"> <li>• Mobile Crisis Management</li> <li>• Psychiatric Services</li> <li>• Intensive In-Home Services</li> <li>• Therapeutic Foster Care</li> <li>• Mental Health</li> <li>• Evaluations</li> </ul>	<ul style="list-style-type: none"> <li>• Programs To Assist Uninsured Clients</li> </ul>
<p><b>LifeQuest, Inc.</b> 230 E. 8th Street Washington, NC</p>	<p>P: (252) 975-8080 F: (252) 975-8055 Monday-Friday 8am-4pm</p>	<ul style="list-style-type: none"> <li>• Outpatient Enhanced Services</li> <li>• Psychosocial Rehabilitation</li> </ul>	<ul style="list-style-type: none"> <li>• Admission Criteria Can Be Found On Their Website</li> </ul>
<p><b>New Hope Counseling Services</b> 122 S. Harvey St Washington, NC</p>	<p>P: (252) 833-4047 F: (252) 833- 4048 After Hours Crisis: (252) 947- 1072 Social Worker: (252) 412-3207</p>	<ul style="list-style-type: none"> <li>• Bipolar Disorder</li> <li>• Anxiety/Phobias, Depression</li> <li>• Attachment Disorders</li> <li>• PTSD</li> </ul>	<ul style="list-style-type: none"> <li>• Sliding Fee Scale For Uninsured</li> </ul>
<p><b>Pamlico Counseling</b> 408 E. 11th Street Washington, NC</p>	<p>P: (252) 975-2027 F: (252) 975-3483</p>	<ul style="list-style-type: none"> <li>• Anxiety/Phobias, Depression</li> <li>• ADHD</li> <li>• Bipolar Disorder</li> <li>• Eating Disorders, OCD</li> <li>• Personality Disorders</li> <li>• PTSD</li> </ul>	<ul style="list-style-type: none"> <li>• Sliding Fee Scale For Uninsured</li> <li>• Hours Vary Based on Clinician</li> <li>• After Hours &amp; Weekends Appointments Available</li> </ul>

<p><b>Passages Counseling Services</b> 131 North Market Street Washington, NC</p>	<p>P: (252) 975-3111 F: (252) 975-3035 Monday-Thursday 9am-5pm Friday 9am-12pm OR by appointment for assessment and individual therapy Group Therapy Tuesday/Thursday 9am-11am &amp; 6:30pm-8:30pm Saturday 8am-10am</p>	<ul style="list-style-type: none"> <li>• Abuse Recovery</li> <li>• Drug/Alcohol Addiction, Substance Abuse</li> <li>• Marriage Counseling</li> <li>• Family Counseling</li> <li>• Group/Individual Counseling</li> <li>• Depression/Anxiety</li> <li>• Anger Management</li> <li>• Assessment &amp; Treatment for DWI</li> <li>• Employee Assistance Program</li> </ul>
<p><b>PORT Human Services</b> 1379 Cowell Farm Rd Washington, NC</p>	<p>P: (252) 975-8852 F: (252) 975-8887 Monday-Friday 8am-5pm</p>	<ul style="list-style-type: none"> <li>• Criminal Justice/Court Ordered Services</li> <li>• Psychosocial</li> <li>• Rehabilitation Program</li> <li>• Community Intervention Center</li> </ul>
<p><b>Real Crisis Intervention</b> 1310 E Arlington Blvd. Greenville, NC</p>	<p>P: (252) 758-4357 F: (252) 758-0455 Open 24/7</p>	<ul style="list-style-type: none"> <li>• 24-hour Counseling and Referrals</li> <li>• Sexual Assault Services</li> <li>• Advocacy</li> <li>• Suicide Intervention / Prevention</li> <li>• Dial-A-Teen</li> <li>• Walk-In's Welcomed</li> </ul>
<p><b>Trillium</b> 201 W. 1<sup>st</sup> Street Greenville, NC</p>	<p>P: 1-866-998-2597 Emergency: 1-877-685-2415 F: (252) 215-6878</p>	<ul style="list-style-type: none"> <li>• Care Coordination</li> <li>• Mental Health and Substance Abuse Counseling</li> <li>• Inpatient &amp; Outpatient</li> <li>• Resources directly connects Medicaid and those who are uninsured</li> </ul>

## Emergency Needs:

<p><b>American Red Cross</b> 135 N. Market Street Washington, NC</p>	<p>P: (252) 946-4110 or 1-800-RED CROSS</p>	<ul style="list-style-type: none"> <li>• Immediate One-Time Assistance for fire/disaster victims</li> <li>• Army Emergency Relief</li> </ul>
<p><b>Salvation Army</b> 112 East 7<sup>th</sup> Street Washington, NC</p>	<p>P: (252) 946-2523 Monday-Thursday 9am-3:30pm</p>	<ul style="list-style-type: none"> <li>• Emergency Assistance (9am-4pm): Food, rent, clothing, utilities, fire/disaster victims</li> <li>• Thrift Store</li> <li>• Food and Toy assistance at Christmas</li> </ul>

**United Way**

113 East 15<sup>th</sup> Street  
Washington, NC

P: (252) 975-6209  
Monday-Friday 9am-5pm

- Emergency Assistance:  
fire/disaster victims
- GED prep
- Housing
- Cooking classes
- Prescriptions, transportations  
for mentally ill
- Weekend meals for kids
- Tax advice
- Adult literacy
- After school camps
- Fitness classes for seniors

## Food Assistance:

<p><b>Beaufort County Dept. Social Services</b> 632 W. 5th Street Washington, NC</p>	<p>P: (252) 975-5500 F: (252) 975-5555 Monday-Friday 8am-5pm</p>	<ul style="list-style-type: none"> <li>• SNAP (Food Stamps)</li> <li>• Congregate &amp; Home Delivered Meals</li> <li>• Crisis Intervention Program (heating/cooling)</li> <li>• APS, CPS</li> <li>• Medical Transportation</li> <li>• Childcare Assistance</li> <li>• Medicaid (Adult and Family &amp; Children)</li> </ul>	<p>← Must Qualify ← Must Qualify      ← Must Qualify ← Must Qualify</p>
<p><b>WIC Program</b> Beaufort County Health Department 1436 Highland Drive Washington, NC</p>	<p>P: (252) 946-9705 F: (252) 946-8430 Monday-Friday 8am-5pm *Tuesday's extended hours till 6pm</p>	<ul style="list-style-type: none"> <li>• Nutrition Education for pregnant women and children ages 0-5</li> <li>• Provides ecards to assist with food, baby food, formula</li> <li>• Breastfeeding Peer Counselor</li> </ul>	<p>← Must Qualify   ← Must Qualify   ← If On WIC</p>
<p><b>Salvation Army</b> 112 East 7<sup>th</sup> Street Washington, NC</p>	<p>P: 252-946-2523 Monday – Thursday 9:00am – 3:30pm</p>	<ul style="list-style-type: none"> <li>• Food Boxes (appt. needed)</li> </ul>	<p>← Picture I.D. ← Proof of where client lives</p>

## Food Banks:

<p><b>First Church of Christ</b> 520 E. 10th Street Washington, NC</p>	<p>P: (252) 946-5236 2<sup>nd</sup> Saturday Each Month 11am-12:30pm</p>	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<p>• Each Person/Family Can Only Be Served Once A Month</p>
<p><b>Athen's Chapel Church of Christ</b> 35 Della Wallace Rd Bath, NC</p>	<p>P: (252) 927-5401 1<sup>st</sup> Saturday Each Month 10am-12pm</p>	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<p>• Each Person/Family Can Only Be Served Once A Month</p>
<p><b>Eagles Wings Haw Branch Mobile Food Pantry</b> 1501 Haw Branch Rd Chocowinity, NC</p>	<p>P: (252) 946-5083 3<sup>rd</sup> Saturday Each Month 11am-2pm</p>	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	

<p><b>Deeper Life Ministries</b> 4470 Hwy 264 W. Washington, NC</p>	<p>P: (252) 946-4400 Every Wednesday 9am-11am</p>	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>• One Box Per Month</li> </ul>
<p><b>Eagle's Wings Food Pantry</b> 932 W. 3rd Street Washington, NC</p> <p>Edward Christian Church 23 Academy St Edward, NC</p> <p>Mallard Creek Apartments 245 S. 5th Street Aurora, NC</p> <p>Aurora United Methodist Church 327 E. Main Street Aurora, NC</p> <p>S W Snowden Elementary School 693 7th Street Aurora, NC</p>	<p>P: (252) 975-1138 <b>Client Interviews &amp; Food Pickup:</b> [Tuesdays Only] 9am-11:30am &amp; 2pm-4:30pm **Closed 5th Tues of the Month <b>Emergency Food Services:</b> 1st Saturday of Month 9am-11am</p> <p><b>Edward Christian Church:</b> 1st Thursday of Month 10am-12pm</p> <p><b>Mallard Creek Apts:</b> 2nd Thursday of Month 10am-12pm</p> <p><b>Aurora UMC:</b> 4th Thursday of Month 10am-12pm</p> <p>3rd Saturday of Each Month 9am-11am</p>	<ul style="list-style-type: none"> <li>• Emergency Food Services</li> <li>• Food Distributions</li> <li>• Home Bound Food Deliveries</li> </ul>	<ul style="list-style-type: none"> <li>• Each Person/ Family Can Only Be Served Once a Month</li> <li>• Must Qualify, Interview Required</li> <li>• Medically Fragile Individuals</li> </ul>
<p><b>ISAIAH 58 Food Pantry</b> Harvest Church 2020 15th Street Washington, NC</p>	<p>P: (252) 833-4894 3rd Saturday of Month</p>	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>• Basic ID And Utility Bill For Address Verification</li> </ul>
<p><b>Macedonia Church of Christ</b> 1678 Swamp Rd Pantego, NC</p>	<p>P: (252) 943-2195 3rd Wednesday of Month 9am-1:30pm</p>	<ul style="list-style-type: none"> <li>• Food Distributions</li> </ul>	<ul style="list-style-type: none"> <li>• Basic ID Required</li> </ul>
<p><b>Martha's Project</b> 1014 US Hwy 264 Bypass Belhaven, NC</p>	<p>P: (252) 943-2124 4th Friday of Month 8am-11am</p>	<ul style="list-style-type: none"> <li>• Food Distribution</li> <li>• Clothing and Household Items</li> </ul>	



<b>Mt. Gilead Outreach Food Bank</b> 223 W. Main Street Belhaven, NC	P: Fridays 12pm-2pm	<ul style="list-style-type: none"> <li>• Food Distribution</li> <li>• Heating Assistance</li> </ul>	
<b>Refugee Tower Church Food Pantry</b> 611 E. 6th Street Washington, NC	P: (252) 362-1294 Thursday & Friday 12pm-5pm	<ul style="list-style-type: none"> <li>• Holiday programs</li> <li>• Winter coats</li> <li>• Small toys for children</li> <li>• Food Distribution</li> </ul>	
<b>St. John's Church of Christ</b> 2240 St. John Church Rd Washington, NC	P: (252) 975-3700 4 <sup>th</sup> Saturday of Month	<ul style="list-style-type: none"> <li>• Food Distribution</li> </ul>	
<b>St. Vincent de Paul Pantry</b> Mother of Mercy Church 114 W. 9th Street Washington, NC	P: (252) 946-2941 Wednesday 10am-11am	<ul style="list-style-type: none"> <li>• Food Distributions</li> <li>• Assistance with medication, rent, utilities</li> </ul>	<ul style="list-style-type: none"> <li>• Basic ID Required</li> <li>• Interview Required For Assistance</li> </ul>

## Soup Kitchens:

<b>Maranatha 7th day Adventist Soup Kitchen</b> 501 E. 6th Street Washington, NC	P: (252) 975-1138 Saturday 1:30pm-	<ul style="list-style-type: none"> <li>• Soup Kitchen</li> </ul>
<b>Zion Shelter and Soup Kitchen</b> 114 W. Martin Luther King Drive Washington, NC	P: (252) 975-1978 Monday-Friday 11am-11:30am	<ul style="list-style-type: none"> <li>• Soup Kitchen</li> </ul>

## Other Assistance:

<b>House of Hope</b> 15th Street Church of God 336 E. 15th Street Washington, NC	P: (252) 946-7771 Tuesdays 9am-12pm	<ul style="list-style-type: none"> <li>• Clothing Ministry</li> </ul>	
<b>Tideland EMC</b>	24 Hour Member Service:	<ul style="list-style-type: none"> <li>• Utility Assistance</li> </ul>	←Must Qualify

PO Box 159  
Pantego, NC 27860

Corporate Office  
25831 Hwy 264 East  
Pantego, NC

P: (252) 943-3046  
F: (252) 943-3510  
24 Hour Outage Reporting:  
800-882-1001  
252-944-2400 (Beaufort  
County)  
Monday-Friday 8am-5pm

## Shelters:

<p><b>The Anchor House- Restore One</b> PO Box 3278 Greenville, NC</p>	<p>P: (252) 746-0302 National Human Trafficking Hotline: 1-888-3737-888 F: (252) 746-1321 Monday-Friday 9am-6pm Saturday 10am-7pm</p>	<ul style="list-style-type: none"> <li>• Shelter for male victims of sex trafficking age 12-18yo</li> </ul>	<ul style="list-style-type: none"> <li>• Males 12-18 Years Old</li> </ul>
<p><b>Beaufort, Martin, Bertie Shelter Home</b> 1081 Nai Radial Lane Williamston, NC (Call for Locations)</p>	<p>P: (252) 792-1883 P: (252) 792-8357</p>	<ul style="list-style-type: none"> <li>• Shelter for 6 boys and 5 girls ages 7-17 (for 90 days)</li> </ul>	<ul style="list-style-type: none"> <li>• Children 7-17 Years Old</li> </ul>
<p><b>Coastal Women's Shelter</b> 1333 S.Glenburnie Road New Bern, NC</p>	<p>P: (252) 638-4509 Crisis Line (24/7): (252) 638-5995 Monday-Friday 8am-5pm</p>	<ul style="list-style-type: none"> <li>• Women's Domestic</li> <li>• Violence Shelter</li> <li>• Court Advocacy</li> <li>• DV Counseling</li> <li>• Support Groups</li> </ul>	<ul style="list-style-type: none"> <li>• Women And Children</li> </ul>
<p><b>Community Crossroads Center</b> 207 Manhattan Ave Greenville, NC</p>	<p>P: (252) 752-0829 F: (252) 752-4366 After 6pm P: (252) 752-1107 <b>Shelter Hours</b> Monday-Friday 6pm-8am Saturday-Sunday 6pm-9am Office Hours Monday-Thursday 8am-4:30pm Friday 8am-4pm</p>	<ul style="list-style-type: none"> <li>• Housing men, women, families; Take-In 6-8pm</li> <li>• Stable Solutions Program</li> <li>• Shelter Plus Program</li> <li>• Solid Ground Program</li> </ul>	<ul style="list-style-type: none"> <li>• Must Prove Homelessness</li> <li>• Must Have State Issued ID</li> <li>• Night Only/Emergency Shelter</li> <li>• Non-Sex Offenders Only</li> </ul>
<p><b>Open Door Community Center</b> 1240 Cowell Farm Road Washington, NC 27889</p>	<p>P: (252) 623 - 2150</p>	<ul style="list-style-type: none"> <li>• Safe housing</li> </ul>	<ul style="list-style-type: none"> <li>• Women &amp; Children</li> </ul>
<p><b>Religious Community Services</b> 919 George Street New Bern, NC 28560</p>	<p>P: (252) 633-2767 <b>Food &amp; Clothing:</b> Monday-Friday 11am-1pm <b>Rent &amp; Utility:</b> Registration 7:30am-8am (1<sup>st</sup> and 3<sup>rd</sup> Monday) Registered Clients Only 9am-1pm</p>	<ul style="list-style-type: none"> <li>• Housing men, women, families</li> <li>• Financial, prescriptions, &amp; transportation assistance</li> <li>• Rent and Utility assistance</li> <li>• Food and Clothing</li> <li>• Transportation</li> </ul>	<ul style="list-style-type: none"> <li>• Shelter 7 Days</li> </ul>

(1 <sup>st</sup> and 3 <sup>rd</sup> Monday) <b>Community Kitchen:</b> Monday-Saturday 10:30am-11:45am Sunday 8:30am-9:45am			
<b>Ruth's House Domestic Violence Shelter</b> Antique Shop 228 West Main Street Washington, NC 27889	Help Line: (252) 940-0007  F: (252) 946-0709	<ul style="list-style-type: none"> <li>• Women's Domestic Violence Shelter</li> <li>• DV Counseling</li> <li>• Court Advocacy</li> <li>• Community Education and Outreach</li> </ul>	<ul style="list-style-type: none"> <li>• Women And Children</li> </ul>
<b>Zion Shelter</b> 114 E. MLK Jr. Dr Washington, NC	P: (252) 975-1978 <b>Office Hours</b> Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>• Men's Shelter, Take-In 9:30-11:00pm</li> </ul>	<ul style="list-style-type: none"> <li>• Men Only</li> </ul>

## Housing Assistance:

<p><b>Martin County Community Action INC</b> 689 Flanders Filter Road Washington, NC</p>	<p>P: (252) 946-5632 Monday-Saturday 10am-9pm Sunday 1pm-6pm</p>	<ul style="list-style-type: none"> <li>• Assist with weatherization and home repairs</li> <li>• Low Income housing assistance</li> <li>• Open Mon-Sat-10am-9pm; Sun-1pm-6pm</li> </ul>	<ul style="list-style-type: none"> <li>• Must Qualify</li> </ul>
<p><b>Mid-East Commission</b> 1502 North Market St Suite A Washington, NC</p>	<p>P: (252) 946-8043 F: (252) 946-5489 Monday-Friday 8am-5pm</p>	<ul style="list-style-type: none"> <li>• Low Income housing assistance</li> <li>• Section 8</li> </ul>	<ul style="list-style-type: none"> <li>• Must Qualify</li> </ul>
<p><b>Washington Housing Authority</b> 809 Pennsylvania Ave Washington, NC</p>	<p>P: (252) 946-0061 F: (252) 975-1279 Monday-Friday 8:30am-5pm *Closed 12pm-1pm for lunch</p>	<ul style="list-style-type: none"> <li>• Low Income housing assistance</li> <li>• Section 8</li> <li>• Family Self-Sufficiency Program</li> <li>• Homeownership Program</li> </ul>	<ul style="list-style-type: none"> <li>• Must Qualify</li> </ul>

## Employment Assistance:

<p><b>Beaufort County NCWorks Career Center</b> 1502 North Market St Washington, NC</p>	<p>P: (252) 940-0900 F: (252) 946-8700 Monday-Thursday 8am-5pm Friday 9am-5pm</p>	<ul style="list-style-type: none"> <li>• Job Training Partnership Act</li> <li>• Welfare to Work, Employment and Training</li> <li>• Grant Job training, educational assistance, employment opportunities</li> </ul>	
<p><b>Blind Center/Division of Services for the Blind</b> 219 N. Harvey Street Washington, NC</p>	<p>P: (252) 946-6208 Monday-Thursday 9am-5pm</p>	<ul style="list-style-type: none"> <li>• Vocational Rehabilitation and job placement for visually impaired</li> <li>• Teach independent living skills to visually impaired</li> </ul>	<ul style="list-style-type: none"> <li>• Visual Impairment</li> </ul>
<p><b>Tesi Staffing &amp; Employee Services (Blue Arbor)</b> 731 W. 15th Street Washington, NC</p>	<p>P: (252) 946-1588 F: (252) 946-3718</p>	<ul style="list-style-type: none"> <li>• Staffing Agency</li> <li>• Employee Services</li> </ul>	
<p><b>NC Works Career Center</b> 3101 Bismarck St Greenville, NC</p>	<p>P: (252) 355-9067 F: (252) 355-9075 Monday-Friday 8:30am-5pm</p>	<ul style="list-style-type: none"> <li>• Job Search and Development</li> </ul>	

<b>Executive Personnel Group</b> 1989 W. 15 <sup>th</sup> Street Washington, NC	P: (252) 946-7119 F: (252) 946-9856	<ul style="list-style-type: none"> <li>• Staffing Agency</li> </ul>
<b>Martin County Community Action INC</b> 689 Flanders Filter Rd Washington, NC	P: (252) 974-2959 P: (252) 946-5632 P: (252) 792-7162 Monday-Saturday 10am-9pm Sunday 1pm-6pm	<ul style="list-style-type: none"> <li>• Addresses needs for disabled, elderly, and low income</li> <li>• Job Counseling</li> </ul>
<b>Mega Force Staffing</b> 2001 W.15 <sup>th</sup> Street Washington, NC	P: (252) 975-3150 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Staffing Agency</li> </ul>
<b>Professional Staffing Solutions</b> 2289 W. 5th Street, Suite 200 Washington, NC	P: (252) 940-0070 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Staffing Agency</li> </ul>
<b>Vocational Rehabilitation</b> 953 Washington Street Washington, NC 27889	P: (252) 946-0051 F: (252) 946-4995	<ul style="list-style-type: none"> <li>• Disability and vocational assessment</li> <li>• Employment Training and Placement</li> <li>• Counseling</li> <li>• Can Assist with medical expenses</li> </ul> <ul style="list-style-type: none"> <li>• Prior Authorization</li> </ul>

## Education Opportunities/Assistance:

<b>Beaufort County Community College</b> 5337 US Hwy 264 E. Washington, NC 27889	Main Campus Switchboard P: (252) 946-6194	<ul style="list-style-type: none"> <li>• Offers various programs</li> <li>• Basic skills, job readiness, job skills training</li> <li>• GED</li> </ul>
<b>Beaufort County Cooperative Extension</b> 155 A Airport Road Washington, NC	P: (252) 946-0111 F: (252) 975-5887	<ul style="list-style-type: none"> <li>• Consumer shopping skills</li> <li>• Budgeting Meal Planning</li> <li>• Family Record Keeping</li> <li>• Conservation Practices</li> <li>• 4-H Youth Development</li> </ul>
<b>Beaufort County Public Health Department</b> 1436 Highland Drive Washington, NC	P: (252) 946-1902 F: (252) 946-8430	<ul style="list-style-type: none"> <li>• Diabetes Prevention Program</li> <li>• Diabetes Self-Management Classes</li> <li>• Miscellaneous Classes and Presentations</li> <li>• Nutritional Counseling</li> <li>• Hepatitis C, HIV, and Syphilis Testing</li> <li>• Medical Nutrition Therapy</li> <li>• Tobacco Counseling</li> </ul> <ul style="list-style-type: none"> <li>• Referrals Required for Some Programs</li> </ul>

<p><b>Family Resource Center</b>  Mother of Mercy Catholic Church  112 W. 9th Street  Washington, NC</p>	<p>P: (252) 946-2941 (ext.2)  Monday-Friday 9am-1pm</p>	<ul style="list-style-type: none"> <li>• Educational and Job programs</li> <li>• Food pantry</li> <li>• Financial Assistance</li> </ul>
<p><b>Literacy Volunteers of Beaufort County</b>  113 E. 15<sup>th</sup> Street  Washington, NC 27889</p>	<p>P: (252) 974-1812  Monday-Thursday 9am-1pm</p>	<ul style="list-style-type: none"> <li>• Free, confidential, 1-on-2 tutoring sessions</li> <li>• Help prepare for GED, ASVAB, NC drivers License, US Citizenship test</li> <li>• U.S. citizenship</li> <li>• Read/feed summer programs</li> <li>• Anyone 18 &amp; Older</li> <li>• Walk-In's Welcomed</li> </ul>
<p><b>Purpose of God Annex</b>  1015 E. 6th Street  Washington, NC</p>	<p>P: (252) 974-1484  Monday-Thursday 9am-5pm  *Summer Hours  Monday-Friday 9am-5pm</p>	<ul style="list-style-type: none"> <li>• GED Assistance</li> <li>• Employment Skills and Job Preparedness</li> <li>• On-The-Job Training ages 18-55yo</li> </ul>
<p><b>St. John's Church of Christ</b>  2240 St. John Church Rd.  Washington, NC</p>	<p>P: (252) 975-3700</p>	<ul style="list-style-type: none"> <li>• Budgeting &amp; Finance</li> </ul>

## Transportation:

<p><b>Beaufort Area Transit System (BATS)</b>  1534 W. 5th Street  Washington, NC</p>	<p>P: (252) 946-5778  F: (252) 946-0010  Monday-Friday 7am-5pm</p>	<ul style="list-style-type: none"> <li>• Human services and general transportation</li> <li>• Medicaid</li> <li>• Fares Based On Distance Traveled</li> <li>• All Trips Are To Be Requested By 1pm The Day Before Scheduling An Appointment</li> <li>• Requires 24hr Notice.</li> <li>• Under 16 years of age requires a guardian</li> </ul>
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## Phone Assistance:

<b>Assurance Wireless</b>	P: 1-888-898-4888	<ul style="list-style-type: none"> <li>• 2GB Data per month &amp; unlimited texts &amp; 350 Voice minutes</li> </ul>	<ul style="list-style-type: none"> <li>• Must Qualify</li> </ul>
<b>SafeLink Wireless Cell Phones</b>	Enrollment & Plan Changes P: 1-800-723-3546 Technical Support P: 1-800-378-1684 <b>Enrollment &amp; Plan Changes</b> Monday-Saturday 8am-10pm Sunday 8am-7pm <b>Technical Support</b> 8am-12am (7 days/week)	<ul style="list-style-type: none"> <li>• Government's Lifeline support program</li> </ul>	<ul style="list-style-type: none"> <li>• One Per Household program</li> </ul>

## Childcare Assistance:

<b>Beaufort County Community College</b> 5337 US Hwy 264 E. Washington, NC	Main Campus Switchboard P: (252) 946-6194 F: (252) 940-6414	<ul style="list-style-type: none"> <li>• Childcare Assistance for Students</li> </ul>	<ul style="list-style-type: none"> <li>• Must Qualify</li> </ul>
<b>Beaufort County DSS</b> 632 W. 5th Street Washington, NC	P: (252) 975-5500 F: (252) 975-5555 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Childcare Assistance Program</li> <li>• Adult Protective Services</li> <li>• Child Protective Services</li> <li>• Transportation</li> <li>• SNAP (Food Stamps)</li> <li>• Foster Care</li> </ul>	<ul style="list-style-type: none"> <li>• Must Qualify</li> </ul>
<b>Beaufort/Hyde Partnership For Children</b> 979 Washington Sq. Mall Washington, NC	P: (252) 975-4647 F: (252) 975-4722 Monday-Thursday 8:30am-5pm	<ul style="list-style-type: none"> <li>• Childcare Referral Specialist to help assure quality childcare</li> </ul>	

## After School/Summer Programs:

<b>Adventure Zone Kids</b> Washington Assembly of God 2029 W 5 <sup>th</sup> Street Washington, NC	P: (252) 946-6185	Summer Enrichment Program	<ul style="list-style-type: none"> <li>• School Aged Children</li> </ul>
<b>Boys &amp; Girl Club of Beaufort</b>	P: (252) 355-2345 Washington Location	<ul style="list-style-type: none"> <li>• After School Program</li> <li>• Summer Program</li> </ul>	

1089 N. Bridge Street PO Box 2331 Washington, NC	P: 844-440-2717 (Ext. 8320) <b>Hours of Operation</b> Monday-Friday 2:30pm-7pm <b>Non-School &amp; Summer Hours</b> Monday-Friday 7am-6pm <b>Early Release Days</b> 12pm-6pm		
<b>John Cotton Tayloe Elementary School</b> 910 Tarboro Street Washington, NC	Summer Enrichment Program Registration P: 252-975-2179 P: 252-946-3350	<ul style="list-style-type: none"> <li>• After School Program</li> <li>• Summer Enrichment Program</li> </ul>	• School Aged Children
<b>Purpose of God Annex</b> 1015 E. 6th Street Washington, NC	P: (252) 974-1484	<ul style="list-style-type: none"> <li>• After School Program</li> <li>• Homebound Student Program</li> <li>• Summer Program</li> </ul>	• Students Ages 6-15 Years Old
<b>Unity Christian Academy</b> 1501 Haw Branch Rd Chocowinity, NC	P: (252) 946-5083	<ul style="list-style-type: none"> <li>• After School Program</li> <li>• Summer Enrichment Program</li> </ul>	

## Parenting Support:

<b>Beaufort County Public Health Department</b> 1436 Highland Drive Washington, NC	P: (252) 946-1902 F: (252) 946-8430 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• WIC Services</li> <li>• Care Coordination For Children</li> <li>• Pregnancy Care Management</li> <li>• Breastfeeding Peer Counselor</li> <li>• Car Seat Installations and Inspections</li> <li>• Childhood Immunizations</li> <li>• Healthy Beginnings Program</li> <li>• Safe Sleep Program</li> </ul>	<ul style="list-style-type: none"> <li>← Must Qualify</li> <li>← Medicaid Clients</li> <li>← Medicaid Clients</li> <li>← Wic Clients</li> </ul>
<b>Beaufort/Hyde Partnership For Children</b> 979 Washington Sq. Mall Washington, NC	P: (252) 975-4647 F: (252) 975-4722 Monday-Friday 8am-5pm	<ul style="list-style-type: none"> <li>• Car Seat Installations and Inspections</li> <li>• Pre-K Screenings</li> <li>• Parents as Teachers Program</li> <li>• FREE Playgroups in Belhaven, Pinetown, Aurora, and Washington</li> <li>• Lending Library</li> <li>• Toys For Tots Intake</li> </ul>	<ul style="list-style-type: none"> <li>← Must Qualify</li> <li>← Ages 2-5</li> <li>Must Qualify</li> </ul>
<b>BHM Regional Library</b>	P: (252) 946-6401 Monday-Friday 9am-5pm	<ul style="list-style-type: none"> <li>• Playgroup</li> <li>• Tutoring</li> </ul>	



158 N. Market Street Washington, NC			
<b>Breastfeeding Support Group</b> Vidant Wellness Center 2610 Stantonsburg Rd Greenville, NC	P: (252) 847-7439 3 <sup>rd</sup> Monday of Month 6:30pm	<ul style="list-style-type: none"> <li>• Support group for all breastfeeding moms</li> </ul>	<ul style="list-style-type: none"> <li>• Infants &amp; Children Are Welcome</li> <li>• Child Care Is Available</li> </ul>
<b>Children's Home Society</b> 920 Woodbridge Park Rd Greenville, NC	P: 252-752-1166	<ul style="list-style-type: none"> <li>• Adoption Services</li> <li>• Foster Care</li> </ul>	
<b>Coastal Pregnancy Center</b> 1312 John Small Ave Washington, NC	P: (252) 946-8040	<ul style="list-style-type: none"> <li>• Free Pregnancy Tests</li> <li>• Counseling &amp; Supportive Services</li> <li>• Parenting Classes &amp; Baby Items</li> <li>• Adoption Referrals</li> </ul>	<ul style="list-style-type: none"> <li>• No Specific Referral Form</li> </ul>
<b>Cornerstone Family Worship Center</b> 1918 W. 5th Street Washington, NC	P: (252) 946-6109	<ul style="list-style-type: none"> <li>• Family Understanding Nurturing Program</li> <li>• Dinner is served &amp; transportation provided</li> </ul>	<ul style="list-style-type: none"> <li>• Preschool, Pre-Adolescents, &amp; Adolescents</li> </ul>
<b>Family Connects</b> 198 NC HWY 45 N Plymouth, NC	P: (252) 793-1806	<ul style="list-style-type: none"> <li>• Specialized Registered Nurse provides no-cost postpartum and newborn home visits (including breastfeeding)</li> </ul>	<ul style="list-style-type: none"> <li>• Serves All Residents Of Beaufort, Hyde, Bertie, And Chowan</li> </ul>
<b>Family Resource Center</b> Mother of Mercy Catholic Church 114 W. 9th Street Washington, NC	P: (252) 946-2941		
<b>Hopeful Beginnings</b> Vidant Medical Center Greenville, NC	P: (252) 847-4819	<ul style="list-style-type: none"> <li>• Support group helps postpartum mothers cope</li> </ul>	<ul style="list-style-type: none"> <li>• Up To 1 Year After Delivery</li> </ul>
<b>Purpose of God Annex</b> 1015 E. 6th Street Washington, NC	P: (252) 974-1484	<ul style="list-style-type: none"> <li>• Tuff Luv Camp</li> <li>• Project New Hope</li> <li>• Advocacy Services</li> </ul>	<ul style="list-style-type: none"> <li>• For Students Facing Suspension</li> <li>• For Adults With Criminal Backgrounds</li> </ul>

**Tender Hearts  
Support Group**

Vidant Wellness Center  
2610 Stantonsburg Rd  
Greenville, NC

P: (252) 847-4819  
3<sup>rd</sup> Wednesday of Month 7pm

## Mentorship:

<p><b>Beaufort County Police Activities League (PALs) Pamlico Pals</b> 310 W. Main Street Peterson Building Suite 202D Washington, NC</p>	<p>P: (609) 412-9743</p>	<ul style="list-style-type: none"> <li>• Governor's 1-on-1 volunteer program</li> <li>• Interpersonal skill building program</li> </ul>	<ul style="list-style-type: none"> <li>• Matches Troubled Youth With Mentors</li> <li>• Ages 7-17</li> <li>• Youth Referral Form Online</li> </ul>
<p><b>Purpose of God Annex Outreach Center</b> 1015 E. 6th Street Washington, NC</p>	<p>P: (252) 974-1484</p>	<ul style="list-style-type: none"> <li>• Project New Hope</li> <li>• Advocacy Services</li> </ul>	<ul style="list-style-type: none"> <li>• For Men With Criminal Backgrounds</li> </ul>

## Support Groups:

<p><b>Alcoholics Anonymous of Northeastern NC</b> St. Peters Episcopal Church 101 N Bonner St. Washington, NC</p> <p>Trinity Episcopal Church 182 NC 33 West Chocowinity, NC</p>	<p>Beaufort County Group (252) 975-6113 Northeastern NC Hotline 1-888-991-7823</p> <p><b>St. Peters Episcopal Church</b> Monday 7pm-Open Discussion Tuesday 1pm-Closed Discussion Wednesday 1pm-Closed 12 step Thursday 7pm-Open Big Book Study Saturday 10am-Open Discussion Sunday 3pm-Open, Newcomer's Steps 1,2, &amp; 3</p> <p><b>Trinity Episcopal Church</b> Friday 7pm-Open Speaker</p>	<ul style="list-style-type: none"> <li>• Counties served: Beaufort, Bertie, Camden, Chowan, Currituck, Gates, Hertford, Hyde, Martin, Pasquotank, Tyrrell, &amp; Washington</li> </ul>	<ul style="list-style-type: none"> <li>• Closed Meetings Are For Anyone With A Desire To Stop Drinking</li> <li>• Open Meetings Are For Anyone, But Those With An Alcohol Program Are Asked To Participate In Discussion Only</li> </ul>
<p><b>Belhaven- Sidney Fellowship Group</b> Free Will Baptist Church 5580 Sidney Rd Belhaven, NC</p>	<p>P: (252) 964-4402</p>		
<p><b>Belhaven- Easy Does It Group</b> White Plains Church Ministry 718 Pine St Belhaven, NC</p>	<p>P: (252) 943-3619 Saturdays 8am</p>	<ul style="list-style-type: none"> <li>• Open Speaker</li> </ul>	

<p><b>Celebrate Recovery</b> Harvest Church 2020 West 15th Street Washington, NC</p>	<p>P: (252) 833-4894 Thursdays 6:30pm-8:30pm</p>	<ul style="list-style-type: none"> <li>• Addiction support group</li> <li>• Dinner at 5:45pm-small donation appreciated</li> </ul>	<ul style="list-style-type: none"> <li>• Any Kind Of Addiction (Chemical, Co-Dependency, Over Eating Grief, Gambling, Shopping, Etc.)</li> </ul>
<p><b>Chocowinity-Grateful Group</b> Trinity Episcopal Church 182 NC Hwy 33 East Chocowinity, NC</p>	<p>P: (252) 946-9958 Friday 8pm</p>	<ul style="list-style-type: none"> <li>• Open Speaker</li> </ul>	
<p><b>Diabetes Support Group</b> Grace Martin Harwell Senior Center 310 W. Main Street Washington, NC</p>	<p>P: (252)-975-9368 3<sup>rd</sup> Tuesday of Month 11am-12pm</p>		<ul style="list-style-type: none"> <li>• 55 Years Or Older</li> </ul>
<p><b>Down East Area of Narcotics Anonymous - Keep It Simple</b> Westbrook Housing Authority 100 Manual Drive Washington, NC</p>	<p>24 Hour Helpline (866) 321-1631 Sundays 8am-9pm-Discussion &amp; Open to Everyone</p>		
<p><b>Washington-Beaufort County Group</b> Westbrook Housing Authority 100 Manual Drive Washington, NC</p>	<p>P: (252) 975-6113 Monday 8pm-Open Speaker Tuesday 12pm-Closed Discussion Wednesday 6pm-Living Sober Discussion Saturday 12pm-Open Speaker Sunday 3pm-Beginners Discussion</p>		

## Legal Aid:

<p><b>Legal Aid of NC</b> 301 Evans Street #102 Greenville, NC</p>	<p>P: (252) 758-0113 Monday-Friday 9am-5pm</p>	<ul style="list-style-type: none"> <li>• Free legal assistance in areas of civil law,</li> <li>• Involving basic human needs like safety, shelter, income etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Low Income</li> </ul>
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# Community Alcohol Anonymous Meetings:

<b><u>Ahoskie</u></b>	
<i>Turning Point Group</i> St. Thomas Episcopal Church 424 Church St. West	Thursday 8pm-Open
<b><u>Chocowinity</u></b>	
<i>Grateful Group</i> Trinity Episcopal Church 182 NC 33 West	Friday 7pm-Open Speaker
<b><u>Coinjock</u></b>	
<i>Coinjock Principles Group</i> Coinjock Baptist Church 193 Worth Guard Rd.	Saturday 9am-Closed Step Study
<b><u>Columbia</u></b>	
<i>Tyrrell County Group</i> Wesley Memorial Methodist Church 508 Main St.	Monday 7pm-Open Thursday 8pm-Open
<b><u>Edenton</u></b>	
<i>Edenton/Chowan Group</i> Edenton United Methodist Church 225 Virginia Rd.	Monday & Wednesday 8pm Monday (Open Speaker) & Wednesday (Closed 12 Steps & Traditions Study) Tuesday & Thursday 12pm-Closed Discussion Friday 12:30pm-Closed Discussion Saturday 10am-Open Beginners Meeting
<i>Log Cabin Group</i> 202 Bandon Rd. Arrowhead Beach Area	Monday 8pm-Closed Discussion
<b><u>Elizabeth City</u></b>	
<i>Brown Bag Group</i> Serenity House 300 E. Pearl St.	Monday-Friday 12pm Monday, Tuesday, Thursday, Friday (Open Discussion) & Wednesday (Open 12-Step Study)
<i>Dry Dockers Group</i> Serenity House 300 E. Pearl St.	Monday-Friday @ 7:00pm
<i>Primary Purpose Group</i> Riverside Methodist Church 1400 Edgewood Dr.	Wednesdays 7pm-Closed Big Book Study
<i>Serenity Group</i> Cann Presbyterian Church	Wednesday 8pm-Closed Discussion (Park Behind Church, Off Fearing St) Friday 8pm-Open Discussion (Park Behind Church, Off Fearing St)

311 W. Main St.

*Friday Night 12 & 12*  
St. Phillips Chapel @ Christ  
Church  
200 S. McMorrine St.

Friday 7pm-Open Discussion

*Living Sober Group*  
Serenity House  
300 E. Pearl St.

Saturday 9am-Open Discussion/Study

*Grupo Esperanza*  
Serenity House  
300 E. Pearl St.

Saturdays 6pm-Open Discussion (Spanish Speaking)

Saturday 7pm-Open Big Book Topic

*On The Fence Group*  
Albermale Hospital, N.  
Entrance  
1144 N. Road St.

*Men's Big Book Study*  
Cann Presbyterian Church  
311 W. Main St.

Sunday 7pm-Closed Discussion (Park Behind Church, Off Fearing St)

*Sunday Night Group*  
Salvation Army Church  
906 Fourth St.

Sunday 8pm-Open Speaker 1<sup>st</sup> Sunday, Open Discussion Otherwise

### Hertford

*Hertford Group*  
Hertford United  
Methodist Church  
207 W. Market St.

Thursday 8pm-Open Discussion

### Moyock

*Yes We Can Group*  
Moyock Baptist Church  
123 Oak St. (off NC 168)

Tuesday 8pm-Open Discussion

*Wedgewood Lakes Group*  
Crawford Fire House  
121 Shawboro Rd.

Thursday 8pm-Big Book Study

### Murfreesboro

*Murfreesboro Group*  
Murfree Center  
201 Broad St.

Wednesday 8pm-Open

### Powells Point

*Powells Point ABC Group*  
Powells Point Baptist  
Church  
8383 Caratoke Hwy

Monday 8pm-Open Discussion  
Friday 6pm-Open Big Book

<p><b>Sunbury</b>  <i>Gates County Sunbury Group</i>          Beulah Baptist Church          967 U.S. 158 E.</p>	<p>Tuesday 8pm-Open Discussion</p>
<p><b>Washington</b>  <i>Beaufort County Group</i>          St. Peter's Episcopal Church          101 N. Bonner St.</p>	<p>Monday 7pm-Open Discussion          Tuesday 1pm-Closed Discussion          Wednesday 1pm-Closed 12-Step          Thursday 7pm-Open Big Book Study          Saturday 10am-Open Discussion          Sunday 3 pm-Open, Newcomer's Steps 1,2, &amp;3</p>
<p><b>Williamston</b>  <i>Martin County Group</i>          Macedonia Church          7640 Hwy 17</p>	<p>Thursday 8pm-Open Big Book Study/Discussion</p>